



Dear honored readers,

“A healthy mind in a healthy body.”

A German saying gets to the heart of it. Especially at a time like this with increasing requirements to the job and constant new challenges it is of high importance, that body and mind work in balance. You, dear runners found the right way to keep your body fit.

Myself as an enthusiastic runner, I try to run aside all my job obligations and all the upcoming appointments. Regularly I discover that I not only profit in keeping up my fitness, but also my overall wellbeing.

The second EU-Customs-Authorities-Run gives you, the customs officials of the EU, but also members of the police, federal armed forces, department of justice etc. the chance not only to run together in a marvellous event but also to meet new colleagues outside the regular working environment.

I would like to emphasize, that it is not necessary to be a member of any department to participate the event. The event is open to everybody who is interested in this run.

I wish all the participants all the best and the anticipated success in this sportive activity.

Just one tip to all: Once you are in Cologne, have a look into our German Sports Museum in the Rheinauhafen, it's worth it!

Sincerely yours

Jürgen Roters

Lord Mayor of the City of Cologne